



CHEHAK TRUST

ANNUAL REPORT

APRIL 2021-MARCH 2023

Table of Contents

- 1. Note from the Founder Trustee- 2
- 2. About Sahyog-3
- 3. Program Updates-4
- 4. Sahyog Roshan 5-6
- 5. Sahyog Sangharsh 7-8
- 6. Sahyog Umang 9-13
- 7. Financials & Testimonials 14-15
- 10. Volunteers & Interns 16-17
- 11. Trustee & Banking 18
- 12. Thank You

Note from Founder Trustee



Neha Madhiwala, Founder, Trustee Chehak Trust

The Covid pandemic has changed the world forever. Everyone everywhere experienced an unprecedented crisis where neither wealth nor power offered any protection. However, poor communities were driven to desperation. Sahyog attempted its best to support such communities by organizing relief.

We were also witness to the resilience and courage with which these communities pulled themselves out of the crisis and rebuild their lives. With the knowledge that the long-term impact would soon become visible; we launched several new initiatives in 2021-23.

We expanded our home library programme with the knowledge that children had lost almost two valuable years of schooling and were struggling to learn. We tried to reach as many students in higher education as possible with financial aid so that their careers were not jeopardized.

Within Sahyog itself, there was a new spirit at work. Our relief work had brought us in touch with a much wider community. We

had earned the support of many new local organisations and groups. As the pandemic receded, we were able to spring back quickly with their support and even expand our activities.

In the summer of 2022, we moved into two large community centres, which offered us the opportunity to organize many more activities and reach out to many more people. As a result, each programme has seen unprecedented growth in the numbers of participants and activities. Even as we celebrated the freedom of having more space, we did not lose sight of the fact that our programmes need to move outwards deeper into the community and closer to people's homes.

Sahyog Sangharsh initiated an outreach programme where remedial education and therapy could be provided at satellite centres. We continued to use online mode for providing inputs, engaging a wider circle of volunteers and resources persons and reaching those who could not come to our centres.

We are very happy and proud to present the annual report for 2021-23 documenting the work of a stronger and more resilient Sahyog.

About Sahyog



Sahyog a community-based Initiative of Chehak Trust, works in the Kurla Andheri-Ghatkopar areas of Mumbai.

Our programmes aim to bring about sustainable change in low-income communities to help them realise their

Potential and bring about positive change in their communities.

Our Vision

A world in which women and children can realize their potential and drive positive change in their communities.

Our Mission

We work for sustainable change in women and children from marginalised communities by providing them with

- Enrichment education
- Special education
- Life skills
- Vocational opportunities.

Program updates



APRIL 2021- MARCH 2023

Sahyog Roshan Community Library



Supported by Empower

Roshan is a Mobile Library program for Children ages 6 to 15yrs, which focuses on quiet reading, storytelling sessions and book-based activities and events. Roshan encourages children to develop a love for language and companionship with books.

Current Operating Site: Asalpha, Ghatkopar since 2017 & Bail bazaar, Kurla since 2022

No of Beneficiaries

2021-2023

Kurla- 164

Ghatkopar- 521

Home Libraries- 17

Home Librarians- 15

No of Books Borrowed

2021-22: 3775

2022- 23: 5085

No of Champions: 48

In 2021, the program began to revive in the offline mode, the children were eager to take part in the invigorating experiences at the home libraries. The team re-structured the intervention to create an enriching space for the children with read aloud activities, rendezvous with authors and other resource persons, and enrichment camps. Social emotional learning became an important aspect to be introduced with the children post Covid.

The expansion to Bail Bazaar, Kurla site in 2022, the library was welcomed by a new community. As the home libraries expanded in both the sites, there was also a surge in the number of books borrowed by the children in the home libraries. Older members of the library have taken on responsibility for the libraries and they assist the team in the sessions in the community.

Sahyog Roshan Highlights



Networking & Collaborations 2021-2023

Bhakti Verma- Poetry making, Jan 2022
 Jayshree Murali- Poem, May 2022
 Nirantar – Gender, April 2022
 Khelghar- Learning through Play- Sept 2022
 I CAN READ- English, March 2021
 Aavishkaar-Maths & Science, July 2021

Staff Training

Bookworm Visual Art Dec 2022
 LEC Library June 2022
 Parag Library Model, Feb 2023
 Story Telling, March 2023

Collaboration & capacity building with other NGOs were at its peak. The Roshan library program module was appreciated and introduced to other NGOs. Parag Library came on board as capacity building partner, to develop a training module for the home librarians and strengthen their skills, along with a year long mentoring. The Roshan core team expanded their knowledge participating in other training programs conducted by other resource centres and institutes.

Capacity Building Other Ngo's 2021-2023

JOSH Delhi, Enrichment Education Workshop June 2021- Total 20 participants.
 SAATH Ahmedabad, Book Display & Read aloud, July 2022- Total 7 participants
 Bhabook Mumbai, Book Display March 2023- Total 19 participants.
 Kitab Mahal Govandi, Mumbai, Joy of Reading, March 2023- Total 20 participants



Sahyog Sangharsh

Community Disability Intervention Centre



Supported by Wipro Ltd

Sangharsh caters to the education and rehabilitation needs of children and adolescents with disabilities. The primary objective of Sangharsh was to make the children and adolescent self-reliant, enabling them to lead useful lives and be more integrated in the community where they live.

Initiated since 2003

Current Operational Site: Asalpa, Ghatkopar since 2022 & Bail Bazaar, Kurla since 2023

No of Beneficiaries

June 21 to May 2022- 36

June 22 to May 2023- 63

The early intervention & identification work with local Anganwadi's and health centres, was showing results, in this period, our attempt to identify and intervene early was very successful and we saw an increase in the number of children from 0 to 6 years. With this change in the profile of the children, we needed to change our strategy and offer more decentralised

services. Young children cannot be separated from their parents. We also have to work more closely with them as they are key to the child's rehabilitation. This led us to establish satellite centres, which worked closely with the caregivers on early intervention and enlisted a team of paraworkers from the community.

2021-2022

Events & Celebrations- 25

Sensitization workshops- 24



Sahyog Sangharsh Highlights



The collaborations with vocational training institutes and networking in the community provided opportunities for apprenticeship and enrolment in vocational training centres, as we also saw a rise in the number of young adults approaching the Sangharsh centre. The program relocated to a bigger space at Asalpha, Ghatkopar and Bail Bazaar in 2022. This enabled us to admit more students and conduct more activities on early intervention and pre-vocational training.

Our consultant therapists were also facilitated by the additional space and facilities. Involvement of the community has been strengthened through one-to-one engagement between children with disabilities and community stakeholders in the form of social support visits, tutorial support, and community events. Disability week was celebrated at both the locations in different community spaces, bringing together all Sahyog's programmes demonstrating more visibly our culture of inclusion and diversity. Caregivers' participation in the intervention of their children has been spirited, and seen in their commitment to the home programme and willingness to follow through the lengthy certification process.

Disability Week

2021-2022- Online activities:100 participants

2022-2023- Offline Inclusive activities

Storytelling-113

Silent March 130

Slogan – 40

Trainings & Workshops

2021-2022

Disability Identification –Kikstarts Rehabilitation

Autism Spectrum Disorder- Forum for Autism

Gender & Disabilities Rights- TISS

2022-2023

Hr Policies & Practices Ginny's

Planet New Delhi

Inclusive & Accessible

Communication

Aashyein Ummeed CDA

Vacha Gender Training

Wipro Partner Conference

Specific Learning Disabilities Anjali

Morris Foundation



Sahyog Umang



No of Beneficiaries 2021-2022

**75 students provided Scholarship
by**

ADANI

BAJAJ

WILLIS TOWERS WATSON

2022-2023

**116 students provided Scholarship
by**

CITCO

NESS TECHNOLOGIES

GIVE2ASIA

BAJAJ

In the Scholarship & Mentorship program, students in higher secondary and graduate level are provided with financial assistance, personality development workshops and mentoring to guide them to overcome challenges faced in the academic and personal front

Initiated since 2017

SAM (Scholarship & Mentorship): There has seen a surge in the number of students applying for the scholarship in the span of these 2 yrs. We have witnessed the students continuing with their education, instead of dropping out due to the support given. In most cases, where grades were the only criteria for selection of students for scholarship.

Sahyog has set a precedent in acknowledging the family background and individual students' issues irrespective of the grade, thus giving them an opportunity to pursue their education and get closer to their goals.

No of Beneficiaries 2021-2022

**75 students provided Scholarship
by**

ADANI

BAJAJ

WILLIS TOWERS WATSON

2022-2023

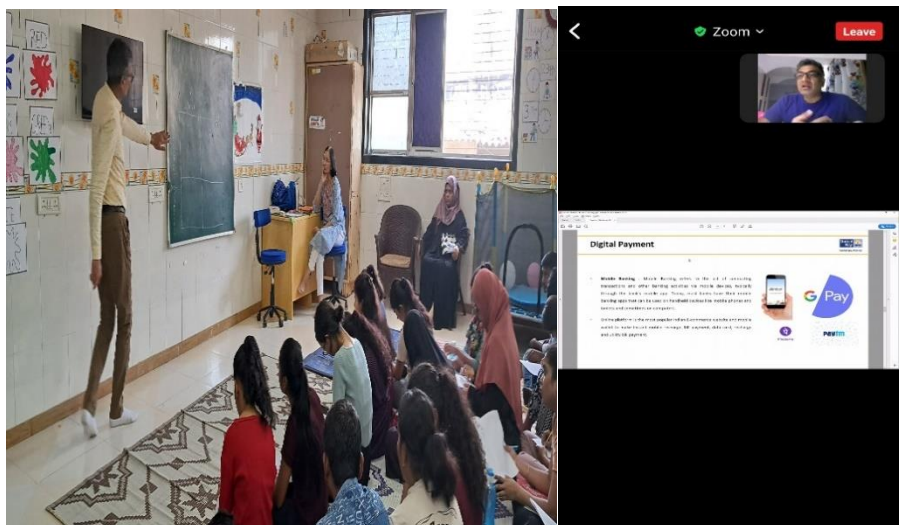
**116 students provided Scholarship
by**

CITCO

NESS TECHNOLOGIES

GIVE2ASIA

BAJAJ



Sahyog Umang Highlights



The scholarship has varied from funder to funder but in most cases the student has been compensated for everything including the tutorial fees. This has cemented the belief of the students in Sahyog and has helped them aim higher in their academics and career prospects.

The volunteering initiatives have expanded in these years, as students are willing to use their skills and talents to support Sahyog's community programs. This has enhanced their talents and built their confidence level and also created an attitude of giving back to the community.

Volunteering by SAM Scholars 2021-2023

34 @ Sangharsh Program
20 @ Roshan Program

Internal Workshops & Trainings 2021-2023

13 workshops

Storytelling
Sensitization
Gender
Mental Health
Time Management

2021-2022

9 Workshops by Funder

Effective communication
Dance movement therapy
Motivation - Self Awareness
Motivation - Strength & weakness.
Professional Development
Leadership Qualities
Virtual Presentation
Email Etiquette
Emotional Etiquette
English British

2022-2023

9 Workshops by Funder

Mental Health & Exercise
Body Language & Communication
Financial Literacy
Resume
Menstrual Cycle & Hygiene



Sahyog Women's Vocational Program



Sahyog Vocational program is oriented to equip the women with skills to enable them to support themselves economically and also contribute to their family's wellbeing.

Initiated since 2018

No of Beneficiaries

2021-2022

Online

English Speaking- 30 participants

Mehendi- 38 participants

Cooking – 22 participants

Beauty- 50 participants

2022-2023

Offline

Beauty Parlor- 82 participants

English Speaking-62

Mehendi- 31



Women day celebrations were conducted online and offline between 2021-2023, sessions on Yoga, Art Therapy, Gender, Breast cancer were conducted for the women from both the community sites of Sahyog.

Sahyog Jhula



The Gender sessions initially began to be offered online and later transitioned to offline mode post covid. To bring more diversity and customization of the sessions, the Gender team was formed consisting of one staff member representing each of Sahyog's community programs. This gave the scope for the team to sharpen their facilitation skills and also provided a perspective from the beneficiaries' point of view to make the sessions more applicable.

Sessions with Beneficiaries

33 sessions between Jan to Dec 2021 – 209 participants.

18 sessions between Jan to Dec 2022 – 302 participants

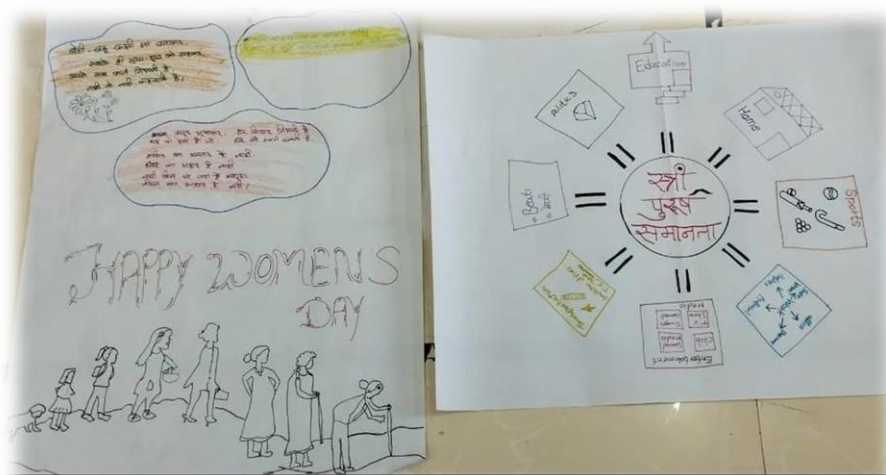
14 sessions between Jan 2023- June 2023-125 participants

Sessions with Staff

Jan to Dec 2021- 4

Jan to Dec 2022- 17

Jan to June 2023- 6



Although the sessions began with movie discussions, it later led to the incorporation of different art forms like drawing, poem, stories, craft activity etc. The sessions became more interactive and these alternative forms of

engagement appeared to be more effective in eliciting the responses from the community. The sessions were also extended to the Sahyog staff, who were happy to be part of this, reminiscing the time when they were students attending the Jhula sessions. One can see the influence of Jhula in the manner in which the team has been putting across their opinions and ideas concerning their own life and world around them.

Jhula Highlights

Sessions Details with Beneficiaries

Famous women in India, Role of girls and boys in house and society, Friendship, Our body, Puberty, Fundamental rights and girls' safety, famous poet, Gender Equality, Menstrual Hygiene, Role of gender in society, Menopause

Sessions with the Saff

Gender role in family and society, the meaning of freedom, transgender, powerful and powerless, desire, Domestic Violence, Mental health, posh Act, MTP (Medical Termination of Pregnancy) act, Colour stigma.



Financials Updates2021-2023

Chehak Trust Balance Sheet as of 31st March 2022

FUNDS & LIABILITIES	INR	PROPERTY & ASSESTS	INR
Trusts Funds or Corpus:-		Investments	
Bal. as per last Balance Sheet	141,443	HDFC Ltd	165129
Addition during the year			
		Fixed Assets (As per Schedule A)	432,550
Other Earmarked Funds		Less: Depreciation	
Liabilities		Advances	
For Rent and other Deposits	50,554	To Others (Prepaid Rent)	18,150
For sundry Credit Balances	8,329	To Tax Deducted at Source	14,079
For Profession Tax		To Deposits	257,000
		To Contractor (Medicines)	35,000
Income & Expenditure A/c:-		Accrued Interest on FD	18055
Bal. as per last Balance Sheet	2,848,211		
Less : Defecit as per Inc.& Exp A/c		Income Outstanding	
		Rent	
Add: Surplus as per Income and & Expenditure Account	465,841	Interest (Accured)	
		Cash & Bank Balances	
		a) In Saving Accounts with The	
		(i) Shamrao Vithal Co-Op Bank Ltd	37,716
		(ii) Bank of India	191,736
		(iii) State bank of India	243965
		b) With the Trustee	998
		c) Fixed Deposit with Bank	2,100,000
		Income & Expenditure A/c:-	
Total Rs.	3,514,378	Total Rs.	3,514,378

Chehak Trust Income & Expenditure Account as of 31st March 2020

EXPENDITURE	Rs.	INCOME	Rs.
Audit Fees	47200	Interest	
		On Fixed Deposit with Bank	32,576
Miscellaneous Expenses		On Fixed Deposit with Co	11,931
Depreciation	86,451	On Income Tax Refund	517
		On Saving Bank Account	42,555
Educational (As Per Schedule B)	6,999,570	Donations	4,491,142
Medical Relief (As per Schedule D)	71,628	Grants	3,091,969
Relief of Poverty	-	Income from Other Sources	
Other Charitable objects	-	Fees from Student	
		Workshop fees	
Surplus carried to Balance Sheet	465,841	Misc Income	
		Defecit carried to Balance Sheet	
Total Rs.	7,670,690	Total Rs.	7,670,690

Financial Updates & Testimonials

Grants & CSR Grants

2021-2023

Asha for Education
Empower
Wipro Foundation
Wipro Cares
Rangoonwala Foundation India Trust

Rs 53.02.254/.

CSR Donations

2021-2023

CMS Infosystems Pvt Ltd
Westwind Association
Merger Market Pvt Ltd
Bajaj Scholarship
Give2Asia Scholarship
Adani Scholarship
Willis Towers Watson Scholarship
CITCO Scholarship
Ness Technologies Scholarship

Rs 1448181.00/

Donations

2021-2023

Ramesh Shamdasani
Karishma Dalal
Salim Shaikh
Neerav Nanavaty
Parth Patel
Sonal Gandhi
Sameeksha Bhatt
Aliasgar Contractor
Avani Trivedi
The Hoseinee Society of Hong Kong
Stella Dupuis
Kiran Sampat
Kapps Purity
The Meharan Edulji Blimoria Trust
Manisha Bajaj
Aruna Kumari
Taruna Kumbhar
Soham Dighe

Rs 1241566.54/

**“Organizations work is quite different.
Good to see such great efforts taken for
the society. Lage raho...”**

**Vaishal Nigam & Shyamali Roy. GOONJ
organization**

**“Facilitating a session with Sahyog was
a delightful experience. The children
were very enthusiastic as were their
teachers. Everyone participated
actively together, together we read
stories and poems and created our own
poems. The planning and execution of
the session was well organized,
coordinated and supported by the
Team member of Sahyog like
Shubhangi and Bilquis and the other
teachers. It would be a pleasure to
associate with Sahyog and facilitate
sessions for the children in future.
Thank you for the opportunity and
enthusiasm”**

**Bhakti Verma, Resource person.
Poetry session**

Volunteering

Volunteers Scholarship Students 2021-2023

Mohd Aamir Rangadi
Shaikh Muskaan Asgar Ali
Iramunnisa Siraj Khan
Arpita Pundlik Narayankar
Shruti Chakrawarti
Saima Ishtiaque Ahmad
Fiza Noorulain Khan
Ritesh Gupta
Sonu Raju Durlekar
Smita Anil Naikare
Laxmi Deepak Khadka
Sanjana Jaiswal
Harsh Laxmishankar Yadav
Asu Sanjay Yadav
Ambika Arun Maharana
Sarthak Anil Rawate
Shaikh Shagufta
Ashish Ramlakhan Rajbhar
Shubhangi Bhairui Lohar
Purva Shete
Sanjana Premprasad Goud
Maivis Khatoon Shah
Harsh Surya Prakash Pandey
Meenaz Saifan Bagwan
Priya Bandu Kharatmol
Reema Ramlakhan Rajbhar
Kiran Ambaji Jogdankar
Akansha Shivaji Nalawade
Shubham Anil Rawate
Shivani Ashwanikumar Gautam
Faruk Mashaque Shaikh
Laxmi Nivrutti Trimukhe
Poona Mannalad Prajapati
Srushti Sanajy Mandavkar
Ancia Abraham
Janvi Arvind Singh
Sharmeen Abdul Sattar Khan
Darji Kaneez Aejaaz Ahmed
Ritika Rajeshkumar Jaiwar
Tamana Bechan Gaud
Vaishnavi Motiram Malavkar
Aarti Mannalal Prajapati
Triveni Anil Horande
Anjali Gautam
Shivani Mallappa Mhetre
Aksa Akbar Shaikh
Kesar Nandu Shinde
Tulsi Nandu Shinde

Volunteers Community & Other 2021-2023

Sandip Desai- Sai Mitra Mandal
Manish- Aslapha Vyapari Mandal
Rahul- Shivsena Party Member
Sharanya Chaudhari

Wipro Cares

Pophalankar Jabir
Ramprakash Gupta
Tanushri Warghat
Komal Rajkumar Rajbhar
Saloni Pravin Pakar
Sandeep Shatrughan Singh
Ekta Mathew
Praveen Erahwar
Jitendra Tandel
Dheeraj Sandhanshi
Vishal Yadav
Yogita Santosh Fuge
Swarupa Karpe
Mrunali Dalvi
Raman Bharadwaj



Student Interns

2021-2023

2021-2022

TATA INSTITUTE OF SOCIAL SCIENCE

Dept

**Centre for Disability Studies &
Action**

Kalu Ram- 2nd yr

Rajkumar Jambhulkar- 2nd yr

Students placed with Sangharsh
Disability Program

**Advanced Centre for Women's
Studies**

Vaidehi JEF- 2nd yr – Assisted with
Gender Program

Jai Hind College

Anuskha Jadhav- Psychology Student.
Assisted with social media.



2021-2022

TATA INSTITUTE OF SOCIAL SCIENCE

Dept

**Centre for Disability Studies &
Action**

Dhayaand Ghate 2nd yr

Manvi Kalra 2nd

**Advanced Centre for Women's
Studies**

Rhea Dangal

School of Social Work – 1st year

Ayushi Kandelwal- Livelihood

Mansi Updhaya- Women

Shrey Varier Mental Health

Shital Gamre- Disability

**NMIMS College- Management
Studies**

Manan Bajaj



Sahyog



TRUSTEES

NEHA MADHIWALLA - RESEARCH DIRECTOR, ARMMAN
BEENA CHOKSI - EDUCATIONAL CONSULTANT
PRIYA AGRAWAL - FOUNDER DIRECTOR, ANTARANG
FOUNDATION
SURABHI SHARMA - INDEPENDENT FILM MAKER

CHEHAK TRUST IS REGISTERED UNDER THE BOMBAY PUBLIC TRUST ACT, 1950 (REG. NO E-21112 – MUM) AND UNDER THE FOREIGN CONTRIBUTIONS REGULATION ACT FOR RECEIPT OF FOREIGN DONATIONS (REGISTRATION NO- 083781240) ALL DONATIONS TO CHEHAK TRUST ARE ELIGIBLE FOR EXEMPTION UNDER SECTION 80G UNDER THE INCOME TAX ACT.

FOR INDIAN DONORS

BANK NAME - THE SHAMRAO VITHAL CO-OP BANK LTD.
BRANCH ADDRESS : SVC TOWER, JAWAHARLAL NEHRU ROAD, VAKOLA, SANTACRUZ (EAST), MUMBAI - 400 055.
ACCOUNT/BENEFICIARY NAME: CHEHAK TRUST
ACCOUNT NO. : 102603130000543.
IFSC CODE: SVCB00000026

FOR FOREIGN DONORS

BANK NAME - STATE BANK OF INDIA
BRANCH ADDRESS: FCRA CELL, 4TH FLOOR, STATE BANK OF INDIA, NEW DELHI MAIN BRANCH, 11 SANSAD MARG , NEW DELHI - 110001
ACCOUNT/BENEFICIARY NAME: CHEHAK TRUST
ACCOUNT NO.: 40056556894
IFSC CODE: SBIN0000691
BANK SWIFT/BIC: SBININBB104

Sahyog



**THANK YOU.
ALL OUR PARTNERS, DONORS & VOLUNTEERS
FOR YOUR SUPPORT
WE LOOK FORWARD TO ANOTHER YEAR
OF
COLLABORATION!**