

**CHEHAK TRUST**  
**ANNUAL REPORT 2018-19**

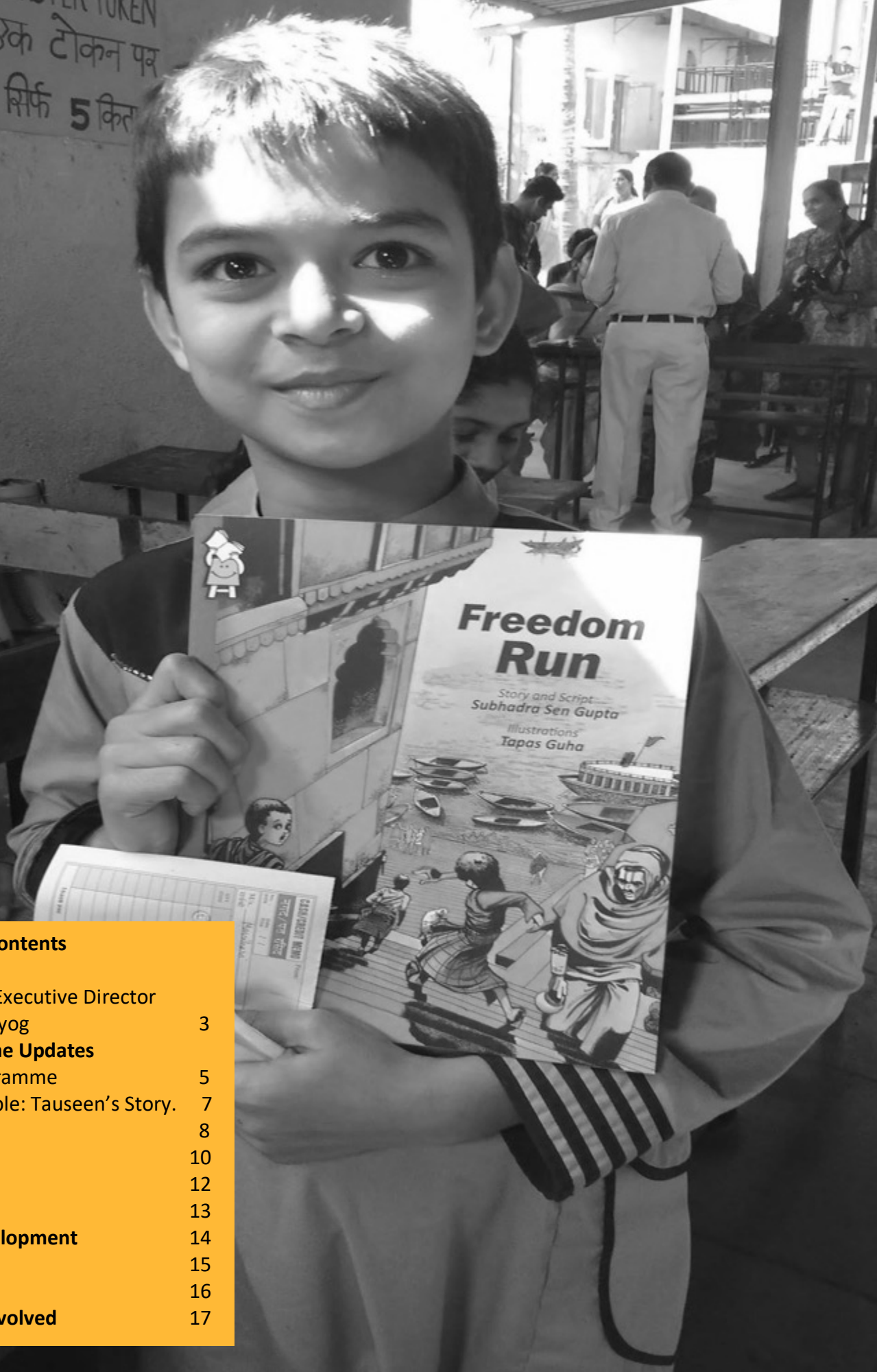
women. children. change. communities.



**SAHYOG**



MAXIMUM 5  
BOOKS PER TOKEN  
एक टोकन पर  
सिर्फ 5 किता



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# FROM THE EXECUTIVE DIRECTOR

Dear Friends,

We are pleased to share with you our work during the financial year 2018-19 which had shades of the familiar and the unknown, both equally welcome!

It was a year of greater visibility for the organisation both in the community and beyond it. Stakeholders and community members were encouraged to participate in our programmes through large scale events and opportunities for close interaction. One such event was holding a Book Fair in the community to which both children and adults flocked determined to take home at least one book, proving beyond doubt that storybooks, when made available, are welcome in all homes.

2018 marked the 15<sup>th</sup> anniversary of Sangharsh which started in 2003 as a day care centre as an immediate response to children with disabilities and their families, particularly the mothers who, burdened with myriad responsibilities, needed some hours of respite. Slowly but surely, the involvement of community members, donors, volunteers, families, paraprofessionals, and qualified professionals has led to the development of a unique disability intervention model. By combining the relevance of local resources with the rigour of professional resources we educate and rehabilitate children and adolescents with disabilities and strive to create an inclusive community. With an organisational development grant from Global Fund for Children, we worked with a young filmmaker to portray our work in the area of disability. A celebratory evening, modest in size but enormous in sentiment, brought together on February 9, 2019, those who have touched and been touched by Sangharsh during the 15-year journey. It was the perfect occasion to launch the Support Sangharsh campaign and screen the film Sahyog Sangharsh and through them share our work with a wider audience, including you.

We hope you will spend a short while with us going through this report and we look forward to any feedback you may have.

Warm regards,  
Manisha Naik



# ABOUT SAHYOG

Since 2000, Sahyog, an initiative of Chehak Trust, has worked with women and children in communities in the eastern, central, and western suburbs of Mumbai. Sahyog believes that education is the foundation of social change and **envisions** a world where women and children can realise their potential and drive positive change in their communities.

Sahyog's **mission** is to work for sustainable change in women and children from marginalised communities by providing them with enrichment education, special education; life skills, and access to vocational opportunities through a variety of community-based nonformal and informal educational initiatives. The programmes have evolved organically and are designed to develop and nurture social capital. This is best reflected in the composition of Sahyog's team. Half the members, once beneficiaries of Sahyog's programmes, have committed to bring about change in their communities.

## Our Values

- ◇ **Solidarity** We are committed to individual and social growth; we share common ground with the diverse community we work with and are interdependent in realising our vision.
- ◇ **Integrity** We ensure that the trust that is reposed in us by all those whom we work and collaborate with, is reflected in our thinking and conduct.
- ◇ **Learning** We believe that lifelong learning is vital for personal as well as organisational growth; we create and seek opportunities to learn.
- ◇ **Freedom** We believe that change takes place when thought, actions and interactions are free, respectful and responsible; we encourage mind spaces where freedom can flourish.







**PROGRAMME UPDATES**

# SAM Scholarship and Mentorship Programme

**Supported by *Global Fund for Children***

The second year of the SAM programme began on a positive note with all 25 scholars successfully completing the previous academic year. It was a noteworthy achievement especially for those who had transitioned from schooling in a vernacular medium to a college education in English. With one senior scholar graduating from college and another shifting residence, there were 23 scholars in this year's cohort—12 junior scholars (in secondary school) and 11 senior scholars (9 in Class 12, and 2 in a graduate degree programme).

Academic support was provided to the scholars informally by their mentors and formally through coaching classes for which they received financial assistance. This was a critical year for more than half the scholars who were preparing for their Class 10 and 12 Board exams and on the threshold of deciding which area of higher education to pursue. The one-on-one mentoring sessions for the senior scholars conducted in partnership with Mentor Together concluded with a 2-day workshop on Career Choices introducing them to abilities, personality, and values, as the three significant factors guiding their decision.

Through the year, we presented opportunities to the scholars through which they would engage with new ideas, people, and places which we believe is essential for a more complete and compelling education. As they start moving out of their protected home environment for higher education, their understanding of themselves and the world around them undergoes a change. A 2-day Gender Sensitisation workshop was conducted for the senior scholars in which resource persons Deepa Hari, Deepa Balsavar, and Dr. Rashmi Kulkarni encouraged discussion and reflection on gender discrimination, patriarchy, reproductive health, rights of women, and violence against women, through activities, films, and games. The young women were surprised by their first-time acknowledgement of gender discrimination despite having experienced it and saw working with men and young boys as being necessary to change perspective on gender issues.



***A workshop on gender sensitisation***



Our donor partner Rangoonwala Foundation India Trust (RFIT) extended an invite to our senior scholars for events and interactions organised through their Utkarsh Youth Development Programme, which offers scholarships to deserving youth from disadvantaged backgrounds pursuing professional courses. A few of our senior scholars benefitted greatly from these as they revealed to them the challenges of employment through first-hand experiences of peers from backgrounds similar to theirs. An altogether new experience by way of a career option and sensitisation to disability was made available to the junior and senior scholars by having them visit the Helen Keller Institute for Deaf and Deafblind

For the scholars to discover that there are books beyond textbooks that are important in life and reading is a pleasurable activity, our Roshan library team conducted a workshop on Joy of Reading and introduced them to novel and meaningful storybooks and got them to participate in activities based on them.

While school/college/coaching classes are a part of everyday life for the scholars, so are issues concerning their health and finances. A session on the rights of patients was conducted by members of the Sahyog team who have attended the training on Patients' Rights offered by RFIT. The scholars found the information on provision for and entitlement to low-cost medical treatment in hospitals useful. As finances is as much a concern for the scholars as it is for their parents, the workshop on financial literacy was organised for both and conducted by Swadhaar Finaccess. They learned about different ways to save money, ensure security of savings, various government schemes, and the *paanch ka jadoo* (the magic of saving Rs.5 daily).



***Scholars and their mothers holding their certificate of completing the Financial Literacy workshop***

# UNSTOPPABLE: Tauseen's Story of Resilience

*Tauseen's story is part of **Global Fund for Children's Role Model Series** featuring inspiring youth who are standing up for children's rights around the world.*

My name is Tauseen, and I am 19 years old. I live with my mother in Mumbai. I have a disability that makes my body shake and it also makes it difficult for me to speak clearly.

When I was 6 years old, before coming to Mumbai from my village, my father passed away in an accident. My mother bravely took care of me and my brother, who also had the same disability

My mother bravely took care of me and my brother, who also had the same disability. I began feel better after my treatment started and was enrolled in school. But my brother's condition slowly began to get bad and he passed away in 2013.

*The disability slowly took its toll on me, too. It was difficult for me to write and read. My friends stopped talking to me. People in my neighborhood would make fun of me, and the principal asked my mother to stop sending me to school.*

I like school and wanted to study more, but because of fear of ridicule I would mostly stay indoors at home. In 2015 my mother got a job with an NGO called Sahyog as a health worker. She got to know about their program Sangharsh, where children who had problems were provided with education and vocational training. I would go there two days a week to study. I made friends with Sufiya and Namira who were good to me. The teachers there would not force me to do any work and were patient with me.

Sahyog helped me to study for my 10<sup>th</sup> Standard. They got a tutor for me and arranged a writer, who helped me write my exams. I got 54% on first attempt and was so happy. Now I am in 12<sup>th</sup> Standard through the National Institute of Open Schooling.

*My favorite subject is English. I feel education helps you become self-reliant and gives you a secured future. My mother is my biggest idol; I like her nature and behavior, she encourages me to give my best.*

My dream is to make my parents proud and to help others. My advice to those in situations like mine is not to lose hope and to stay strong.





# SANGHARSH Disability Intervention Programme

**Supported by Rangoonwala Foundation (India) Trust and Asha for Education (Danbury)**

This year, the enrolment in the centre crossed 30 which was a clear indication that families with children with disabilities had accepted Sangharsh as a safe space and saw it is the starting point for their child's education and rehabilitation. The children were divided into the pre-school, transitional, and functional groups. With a higher enrolment of children with cerebral palsy, a workshop conducted by ADAPT was useful for the team to plan activities to ensure that these children would participate fully and meaningfully in the centre's activities. Nine children with severe disabilities were provided home based therapy through weekly sessions and involved the caregivers actively.

Perhaps the most essential block in building an inclusive community is "socialisation." By creating mutually necessary socialising opportunities for children with disabilities and different members of the community, social and psychological barriers begin to fall. Festival celebrations afford the best opportunity for this and we made full use of them! This year rakhis made by the Sangharsh children were set up for sale at a local temple with the help of a local mahila mandal, for Rakshabandhan. Youth mandals also came forward to



invite the children to participate in local events and accompanied them in the Silent Walk that was organised on the occasion of International Day for Persons with Disabilities. The 2 km walk around the neighbourhood was a silent and strong reminder that people with disabilities are of the community and belong in it.



Invitations to events which involve travel to new locations held great excitement for the children who have grown accustomed to meeting new people, facing large audiences, and showcasing their talent. In the Sports for the Differently Abled organised jointly by Cheshire Home and Secure Being, 13 children competed spiritedly with one child winning a gold medal! In the annual Bal Utsav organised by Rangoonwala Foundation (India) Trust, the children uninhibitedly performed a drama on plastic ban.



***Inclusive camps are about friendships and fun-Meljol!***

Training in pre-vocational skills is a part of the curriculum for the adolescents in Sangharsh and paves the way for an apprenticeship experience, followed by a job and confidence to lead an increasingly independent life. This year one adolescent successfully completed her 3-month apprenticeship with a local pharmaceutical company. The adolescents with their parents also visited togethersee, a non-profit that trains people with autism and other intellectual impairments, to run a bakery and stationery shop. They returned inspired.

The responsibility of looking after a child with a disability usually falls on the mother or another female member of the family and gradually takes a toll on their physical and emotional wellbeing. The Sangharsh team worked with the third batch of caregivers to train them in skills that make caregiving less burdensome and feel more capable and confident of dealing with their children. Feedback received from the previous two batches revealed that caregivers had incorporated practices they had learned through the training programme, such as the use of the communication book, providing opportunities to their children to complete activities of daily living by breaking them into step-wise tasks, and actively seeking help of other members of the family in caregiving. Special sessions were conducted on tuberculosis, importance of assistive devices, caregivers' wellbeing, and patient's rights. To boost the self-worth of caregivers and ease the tedium of caregiving, we organised training in a vocational skill which was relaxing and had the potential to generate income if pursued. In collaboration with Shrimad Rajchandra Love and Care, a 4-month *mehendi* course was offered to the caregivers and other women from the community. It helped create a fraternal space in which two groups of women, who may not have spent time together otherwise, bonded over a common interest and shared common and unique concerns and joys of raising children, with one another. On completing the course some enrolled for the advanced course while some began taking orders for weddings and other events.

The collaboration with the Sarv Shiksha Abhiyan department that started last year was strengthened with the children attending the annual assessment camp organised by them and more than 20 children receiving assistive aids and devices. An important outcome of this collaboration was being able to, for the first time, integrate some of our children into local municipal schools.

#### **Highlights**

- Centre enrollment – 33
- Home based therapy – 9
- Integrated into mainstream/special school -9
- Apprenticeship placement -1
- Children provided with assistive devices- 20+
- Meljol, inclusive camps - 2
- Disability Awareness and early identification workshops - 9
- Caregivers Training – 3<sup>rd</sup> batch



# ROSHAN Library Programme

Supported by *BEI Foundation*

In its third year, the community library continued to be a safe and vibrant space for children in their journey to become life-long readers. Quiet reading; story read-alouds; thematic book displays; and myriad book-based activities using art, craft, poetry, and drama, attracted more children to the library. Access to a steadily increasing collection of diverse books motivated children to read and explore. The ambience of the library and the conduct of the adults in it did not go unnoticed by the children; its impact was a lack of fear to question the librarians and depositing rowdy behaviour and abusive language on the doorstep before entering the library until it disappeared altogether.



The previous year's initiatives aimed at expanding the reach of the library witnessed ups and downs. The pre-school programme grew stronger with a higher rate of enrolment but the mobile site programme lost one of its 2 sites due to space constraints. The school programme which had begun with great promise, began to falter when the school authorities switched from our mutually agreed upon goal of reading for pleasure to reading for academic performance.

The community library hummed, with families discovering the space that their children had begun to consider their second home; authors meeting their young readers; and visitors sharing their reading passion. (Below Shrujana Shridhar, author of *Aamu ki Kawandi* and Shailesh Deshpande demystifying snakes!)



As we watched books being eagerly sought and the activity of reading becoming pleasurable amongst the children and the families that Roshan programme was reaching out to, we saw a larger task ahead of us—to multiply this disposition with the hope that the culture of reading gradually takes root across the community. Most women tend to be natural storytellers and from whom children hear their first stories; why not then begin with them? The Roshan team invited a group of women and young girls to attend 1- and 2-day workshops on the Joy of Reading and Wonder of Books within the community library. After much hesitation—arising from guilt of neglecting their household duties and husbands for a day or two—they agreed and reclaimed their freedom to read in silence, discuss animatedly, enjoy stories, and play book-based games. They returned to their homes and neighbourhood carrying stories of their experience and as ambassadors of bo.



*Joy of Reading, Wonder of Books*



*A republic of readers*

On January 26<sup>th</sup>, 2019, we organised a Book Fair which was a novel event in a community where the majority of children are first-generation learners. While the response was deeply gratifying, what took us by surprise was that the young and the older visitors to the Fair did not waste a minute and settled down to browse and read books there and then!

The response to the workshops and the book fair was a clear indication to us that a single library, as significant as it was, was providing access to books to only a tiny population and doing a disservice to the rest of the community's children who did not have similar access to books. The workshops also revealed that bringing books and stories back into the lives of women was an empowering experience for them. The shape of the library began to change in our minds. We began to visualise women operating small libraries from their homes, many such libraries populating the community, many more children getting access to books. We also visualised holding book-related events outdoors which would attract children, adults, entire families. We await next year to realise our new vision for libraries.

### Highlights

- **Book Collection – 1834**
- **Library sessions conducted – 400**
- **Children impacted - 916**
- **Workshop participants – 55 women**
- **Community Book Fair – 350+ visitors**



# SANKALP Early Childhood Education Programme

**Supported by Ummeed Child Development Centre**

Despite the immediate and long term relevance of this project and its rootedness in the community, we were unable to secure funding for it to sustain it beyond the 3-year project period which concluded in March 2018. A no-cost extension from the funder and an emergency contribution from a long-standing well-wisher, allowed us to pursue our work intensively for an additional 4 months and prepare the community for its termination. A 1-day training on Pre- and Post-natal care by the Foundation for Mother and Child Health was organised for the Sankalp team. The local health post assisted in mobilising pregnant women who were given a basic understanding of pre- and post-natal care. During this period the team conducted group sessions on early childhood development and organised camps to monitor the development of 0-3 year olds and detect children with disabilities and malnutrition. The women in the community who had participated in the 3-year project were sorry to hear about its discontinuation; a sheepishly asked question, “Are you stopping because we are not always regular in our attendance?” hid within it a promise to participate consistently and a plea to continue.

## **Significant Outcomes at the end of 3 years**

- ◇ More than 2000 families learned about early childhood development, detecting and addressing developmental delays, and responsive parenting
- ◇ Early detection of disabilities and malnutrition in over 150 young children enabling swift remedy and referral
- ◇ Families familiarised with and linked to local general and specialised health resources



***A child development monitoring camp in session in a community space***

# FINANCIALS

In the year 2018-19, the total income of the Trust was 68.8 lakhs leaving us with a deficit of 2.8 lakhs. We achieved modest success in our first significant effort at crowdfunding through the Support Sangharsh campaign. An invitation to conduct a workshop resulted in earning some income from the workshop fees.

The expenditures of the Trust reduced by 10 lakhs to 70.4 lakhs largely due to the completion of project Sankalp during the course of the year. Overall the pattern of expenditure remained similar to previous years.

In the coming 2 years we hope to diversify our funding base to withstand fluctuation from income from grants and projects.

## Chehak Trust Balance Sheet as of 31st March, 2019

Funds and Liabilities	INR	Property and Assets	INR
		<b>Fixed Assets ( As per Schedule A)</b>	313109.00
<b>Trust Funds or Corpus</b>		Less : Depreciation	551476.00
As per last Balance Sheet	81443.00	<b>Advances</b>	
<b>Addition during the year</b>	60000.00	To Others (Prepaid Rent)	100000.00
Other Earmarked fund	-	To Tax deducted at source	24542.00
<b>Income and Expenditure Account</b>		TO Deposits	192000.00
As per last Balance Sheet	1556687.12	<b>Income Outstanding</b>	
Less: Deficit as per Inc & Exp A/c	275490.48	Interest (Accrued)	
		<b>Cash and Bank Balances</b>	
		a) in Saving Account with	
		(i) The Shamrao Vithal Co-Op Bank Ltd	222821.36
<b>Liabilities</b>		(ii) Bank of India	185124.72
For Social Security Reserve fund		b) Trustee	3011.95
		c) Fixed Deposit with Bank	657521.09
<b>Total</b>	<b>1698130.12</b>		<b>1698130.12</b>

Chehak Trust Income and Expenditure Account as of 31st March, 2019			
Expenditure	INR	Income	INR
<b>Miscellaneous Expenses</b>	-	<b>Interest</b>	
<b>Audit Fees</b>	47200.00	Interest on FD's with Bank	68501.00
<b>Profession Fees</b>	-	Interest on FD's with Co	10581.09
<b>Depreciation</b>	68784.55	On Savings Bank Account	32630.00
<b>Expenditure on Objects of Trust</b>		<b>Donations</b>	4091271.32
Educational	6860040.44	<b>Grants</b>	2632913.10
Medical Relief	178172.00	<b>Income from other Sources</b>	
		Other Income	27870.00
		Fees from Students	14940.00
		<b>Deficit carried to Balance Sheet</b>	<b>275490.48</b>
<b>Total</b>	<b>7154196.99</b>		<b>7154196.99</b>



## STAFF DEVELOPMENT

The professional development activities were concentrated in first half of the year and the staff participated in them with a keen desire to learn. As a part of the previous year's grant from the Australian Consulate General for the team's development as community educators, we partnered with Ummeed Child Development Centre for training in Mental Health within the narrative therapy framework, including developing the appropriate attitude and verbal/non-verbal behaviour with caregivers of children with disabilities (who are demonstrating or talking about a mental health problem); Early Childhood Development with a focus on pre-writing and pre-math skills; and Reach Out and Read to understand the importance of early introduction to books and reading and pre-reading skills.

इस ४ दिन के वर्कशॉप से मुझे मानसिक स्वास्थ्य के बारे में जानकारी मिली, व्यक्ति का मानसिक स्वास्थ्य वातावरण के ऊपर निर्भर होता है, वातावरण अच्छा होता है तो मानसिक स्वास्थ्य अच्छा रहता है, घर या आसपास का वातावरण (तनाव, हिंसा, गुस्सा, नशा) सही नहीं है तो मानसिक स्वास्थ्य अच्छा नहीं रहता, वातावरण के साथ मानसिक स्वास्थ्य भी बदलता है, कुछ ऐसी स्थिति होती है जिसके बारे में बात करने से मानसिक स्वास्थ्य और खराब हो सकता है.

हर इंसान के पीछे एक कहानी होती है कुछ अच्छी होती है, कुछ समस्या वाली होती है, लोग अर्थ बनाने वाले होते हैं, कुछ अर्थ प्रभावशाली होते हैं, हम उनकी कहानियों में से एक कहानी चुनते हैं (समस्या से निकलकर समस्या को सुलझाने के लिए जो चुनी गई है, ताकत या गुणों के बारे में), इसमें आशाएं, सपने, उम्मीदें होती हैं, उसे आगे बढ़ाने की कोशिश करते हैं, इस कोशिश में उनका (समस्या वाले इंसान) की मर्जी और हेल्प दोनों शामिल होता है!

### A participant shared what she learned in the training on Mental Health

The Sangharsh team attended a 2-day workshop on cerebral palsy and its management, conducted by ADAPT. Aasiya Shaikh was invited by Ummeed to participate in an adaptation meeting for Caregivers Skills Training programme while Gulshan Khan attended the National Conference on Disability, Accessibility, Inclusion, and Wellbeing.

Bilquis Shaikh was selected for the 7-month Library Educator's Course (Hindi) conducted by Parag Initiative of Tata Trust in Bhopal. Her participation was appreciated by the faculty who subsequently invited her to be one of the select participants for the Master Trainers' Training that they were offering.

Play Pal India whose mission is to provide every child with special needs access to play and movement-based learning, conducted a session on The Right to Play for the staff and introduced them to the certified course they have developed in sports and movement for inclusion.

On the left are the lucky threesome, Saba Khan, Pooja Giri, and Sabrin Khan who, thanks to an invite from the Australian Consulate, were able to attend a recital by acclaimed Indigenous Soprano singer Deborah Cheetham at the Royal Opera House in Mumbai. It was an evening to remember! In Bhopal, Bilquis Shaikh had the opportunity to hear dastangoi Himanshu Bajpai and has become a fan of this form of storytelling. We see these forays into cultural events as a vital part of our staff's development.



# SUPPORT

**We are grateful for your support, guidance, and encouragement that enables us to fulfil our commitments.**

## Grants

Asha for Education (Danbury)  
BEI Foundation  
Global Fund for Children  
Rangoonwala Foundation (India) Trust

## Partnerships and Collaborations

ADAPT  
Alshifa Foundation  
Amar Nagar Health Post  
Association for the Welfare of the  
Adarsh Mahila Mandal  
Association for the Welfare of the  
Mentally Handicapped  
Bombay East Rotary Charitable Trust  
Cheshire Home  
Connect For  
Foundation for Mother and Child  
Health  
Gaiban Shah Urdu Municipal School  
Kahani Tree  
KAPS Purity India Pvt.Ltd.  
Ketaki Savnal (Filmmaker)  
Learner's Academy, Ghatkopar  
Mentor Together  
Mohili Village Municipal School  
Multiple Care Enterprises  
Neurology Foundation  
New Health Care Diagnostic Centre  
Oxford English High School, Ghatkopar  
Panchayati Gurudwara  
PharmaX India Pvt.Ltd  
Pulse Hitech Medical Centre  
Sarv Shiksha Abhiyan L Ward  
Save the Children India  
Shrimad Rajchandra Love and Care  
Shri Sainath Shikshan Sanstha  
Tata Institute of Social Sciences  
Ummeed Child Development Center  
Union Bank, Narayan Nagar, Ghatkopar  
United Way Mumbai

## Donations

A.Q.Contractor  
Arindam Chatterjee  
Chandrakala Biyani  
Dr. Siddhi Jobalia  
Dr.Siddhi Shah  
Deloitte  
Emma Sanders  
Eva Borer  
Fazila Badami  
Hardik Madhiwalla  
Jayshree Murali  
Jerome D'Souza  
KAPS Purity India Pvt. Ltd.  
Lajja Shah  
Lotus Trust  
Lynette Saldanha  
Manisha Khemani  
Manjiri Desai  
St. Mary'sMalankara Catholic Church  
Moya Mendez  
Nasir M. Jinnah  
Ness Technologies  
Nishabd Foundation  
Rajvi Madhiwalla  
Ramniklal Shah  
Rekha Shah  
Richard Cash  
Ruvina Fernandes  
Saburi Charitable Trust  
Saumil K. Shah  
Savio Car  
Shobita Shetty  
Sonal Gandhi  
Tanay S. Madhiwalla  
The Meheran Edulj Billimoria Charity Trust  
Triguna S.Madhiwalla  
Vaibhao More  
Westwind Association  
Yogesh Baxi



## OUR TEAM

During the year the Roshan and Sangharsh teams welcomed new members and bid farewell to some. **Sabrin Khan** joined and left Roshan within the year and **Shaheen Shaikh** after a year—both on account of marriage and needing time to adjust to a new life. **Yasmeen Bagwan** and **Pooja Giri**, both from Narayan Nagar community, came into Roshan as Junior Programme Assistants and before they knew it were discovering new worlds through stories. **Megha Dharnidharka** came into Sahyog in 2014 as Centre Head at our Dindoshi site and over the next five years readily wore multiple hats to fulfil Sahyog's mission. When she bid us adieu in 2019, we were happy that she left wearing the library-educator hat which she discovered while at Sahyog and defined the way forward for her.

**Santosh Khandge** who had joined the Sangharsh team just the year before was unable to continue due to health reasons. It was homecoming for **Gulshan Khan**, an alumnus of Sahyog's Umang programme, who found her calling in Special Education. She pursued the rigorous 2-year Diploma in Special Education at the Helen Keller Institute of Deaf and Deafblind and joined the Sangharsh team—Sahyog's first homegrown Special Educator! Speech therapist **Anuradha Anand** who was an integral part of the Sangharsh team for 5 years and had endeared herself to the children bid us farewell and **Sadanand Gore** came on board.



*Some of our team members in the field office*

### TRUSTEES

**Neha Madhiwalla**  
**Beena Choksi**  
**Priya Agrawal**  
**Dr. Anita Gadgil**  
**Surabhi Sharma**

**Research Director, ARMMAN**  
**Educational Consultant**  
**Founder Director, Antarang Foundation**  
**Consultant, BARC Hospital**  
**Independent Film Maker**

## GETTING INVOLVED

We welcome the participation of students, professionals, and local residents in our work; it strengthens it and expands the sense of “community.”

This was the first time we collaborated with Academic Internship Council who approached us for the placement of an international student. **Pese-Olaga Iuli**, from Auckland University, New Zealand pursuing a post-graduate diploma in Health Science did a 6-week internship at Sahyog during which she did the valuable spadework for developing a disability-related Resource Directory and Helpline. **Nikita Pathak**, a student from Advanced Centre for Women’s Studies, TISS, did her block placement at Sahyog and contributed to various tasks at Sangharsh, some of which involved working directly with the children with disabilities. **Shobita Shetty** and **Sonal Gandhi** continued to volunteer at Sangharsh and **Apeksha Poojary** joined as a new volunteer to assist with fundraising opportunities.

Mahila mandals and Youth mandals in the community assisted us wholeheartedly.

We are grateful for contributions in cash or kind to meet our planned goals and contingencies. Cheques made in favour of Chehak Trust, accompanied by the full address and PAN of the donor, can be mailed at our Registered Office address.



Chehak Trust  
Triveni C/11  
66 Walkeshwar Rd  
Mumbai 400006

Direct bank transfers can be made to:

### **BANK OF INDIA (Foreign Currency Only)**

**A/c no.003810210000013**

Branch: Saki Naka, Andheri (E), Mumbai 72  
IFSC: BKID0000038

### **SHAMRAO VITHAL COOP.BANK**

**A/c no.102603130000543**

Branch: Vakola, Santacruz (E), Mumbai 55  
IFSC: SVCB0000026

### **Legal Information**

Chehak Trust is registered under the Bombay Public Trust Act 1950 (Reg.No.E-21112 Mum) and the Foreign Contribution Regulation Act 1976 (Reg.No.083781240) for receipt of foreign donations. All contributions to Chehak Trust are eligible for tax exemption under Section 80G of the Income Tax Act, 1961.

In accordance with the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act 2013 and Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Rules, Chehak Trust has framed a policy and adopted the same w.e.f.25<sup>th</sup> November, 2014. No cases were brought to the ICC during the year 2018-19.

To safeguard the rights of children, Chehak Trust has framed a Child Protection Policy and adheres to it.





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